

MARIJUANA USE AND ITS IMPACT

Marijuana and cannabis products are increasingly legal, but that doesn't mean that using marijuana is without risk. Marijuana use is the primary reason young people enter substance use treatment. High levels of THC, which is the chemical in marijuana that most affects the brain, have been linked to a variety of mental health problems. Finally, marijuana is the drug most often found in the blood of drivers involved in car accidents and many times the one responsible for the accident.

In this video from *Partnership to End Addiction*, recovery advocate and mother Carleah Summers provides all the details parents and family members need to know about marijuana: what it is, how it works and the negative effects that could result from using it. "Problems with marijuana use can be prevented," Summers says. "The longer teens delay use, the less likely they are to develop a marijuana use disorder or addiction."



For more information on marijuana and cannabis products and their associated risks, visit these *Partnership to End Addiction* resources below:



WEB

Marijuana Resource Center

This hub brings together all of the most relevant information for parents and family members to explore.



WEB

Marijuana: What You Need to Know to Help Protect Children, Teens and Young Adults

Check out this deep dive into the details around why kids use marijuana, what the effects can be and what long-term risks exist.



PDF

Marijuana Talk Kit

What parents need to know to talk with their teens about marijuana.