



School Health Advisory Council

RISD / SHAC MEETING

February 4, 2021

ZOOM – Meeting

Approval of Last Meeting Minutes (December 3, 2020)

Alissa Gustof – Child Nutrition report

Kim Clark Director of Nurses – Health Services report

Summer Martin – Counseling Services report

Suzanne Tsatsoulas – Student Services report

Live Wise Live Healthy

Karen Burnell – PTA report

Kellie Sellers - PE & Health report

- Reported on all the areas we have been supporting
 - i. Physical
 - ii. Nutritional
 - iii. Social/ Emotional
 - iv. Educational

New Business: 2020 – 2021 GOAL Setting

Vaping

- Meeting with student services on anti-vaping and awareness campaigns

SEL – Social and Emotional Health

- Meeting with counselors on their steps for SEL in the fall – how we can support in health and PE classes

NEXT MEETING(s) - April 1, 2021

Comments / Parking lot for next meeting / Adjourn

School Health Advisory Council Meeting

ZOOM

December 3, 2020

Meeting Minutes

- Hello & Welcome
- Minutes from October 1, 2020 were Approved / READ

Old Business

- Human Growth and Development videos/curriculum update

New Business

- Alyssa Gustof Child Nutrition report
 - Nutrition update (Sarena Glenn)
 - Month long theme, activities, and nutrition
 - October National School Lunch Month
 - November Give Thanks Month
 - December Happy Holidays Month
 - January national Oatmeal & Citrus Month
- Kim Clark – Health Services
 - COVID update – CDC release of new guidelines
 - Rolling out rapid testing
 - Flu season is still here
- Kellie Sellers – Health & PE report
 - Spirit Run – went totally virtual
 - HUGE success
 - Heart challenge for Secondary
 - 21 Day Challenge
 - Work with Child Nutrition to emphasize THEME months
- Suzanne Tsatsoulas – Counseling & Student Services Report
 - Live Wise / Live Healthy – Monthly Events
 - Nov/Dec Mental Health Awareness
 - Jan/Feb Healthy Relationships
 - Drug and Violence Committee – (new) looking at vaping and bullying first
- Karen Burnell – PTA Update
 - Tool Kits / Theme Weeks / Awareness for all months
 - Work with parents for healthy tools
 - Work with Child Nutrition to support their “Themed” months and activities
- Current & New topics to look at
 - ENDS/Vaping/E cigs
 - Social / Emotional Health
 - SCHOOL SAFETY – Return to Learn