# **OCPE OVERVIEW**

Off-Campus Physical Education will be considered under two (2) categories. (this is just a quick preview – more guidelines and procedures will follow – please contact the Director of Health and PE)

**CATEGORY I:** These programs involve a minimum of fifteen (15) hours per week of highly intense, professionally supervised training. Students qualifying at this level may be dismissed from school one period per day for such participation.

CATEGORY II: These programs are to be of high quality, well supervised by appropriately trained instructors, and consisting of a minimum of the (10) hours per week. Students certified to participate at this level MAY NOT be dismissed from any part of the regular school day

Activities available through the Off-Campus Program are limited to Olympic activities that are not offered comprehensively through the physical education or athletic departments. For example:

- Ballet
- Ice SkatingMartial Arts
- Hockey
- Gymnastics
- Equestrian
- Swimming (Junior High only)
- Tennis (Junior High only)
- Golf (Junior High only)

## YOUR AGENCY MUST BE AN APPROVED AGENCY

There is an extra fee involved since you will be asking for an "outside" credit class. \$100 for semester or \$150.00 for the year.

Please contact the OCPE Director for applications and questions. Applications will NOT be accepted until after June 1, for the upcoming school year

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## Frequently Asked Questions

#### Q What are the qualified activities open for off campus PE?

A Archery, Ballet, Equestrian, Fencing, Gymnastics, Ice Hockey, Ice Skating, Lacrosse, Martial Arts, Golf (junior high school only), Rock Climbing, Rowing, Junior High School Swimming,

#### Q Why is there a cost for off campus PE?

A This program is "optional" to students in Richardson ISD and the fee is to offset the cost associated with administering the program.

#### Q How many days a week must a student be enrolled in the qualified activity?

A A student must be enrolled in his/her supervised activity for 5 days a week. The student must participate a minimum of four (4) days during the week (Monday through Friday) plus one (1) additional day that may fall on either the weekend or during the week for a total of five (5) days per week.

### Q How many hours must a student be in practice every day?

A The number of hours must add up to 10 or 15 hours depending upon the requested category. The number of hours must be spread over 5 days a week. The student must participate a minimum of four (4) days during the week (Monday through Friday) plus one (1) additional day that may fall on either the weekend or during the week for a total of five (5) days per week.

#### Q Can an elementary student be enrolled in off campus PE?

A No, the program is only open to students in grades 7-12.

# Q Will my child automatically be scheduled into Off Campus PE if they meet the sport and time requirements?

A Even though a student might meet the sport and time requirement to participate in the Off Campus PE program, the campus will need to determine if they can create a schedule to accommodate the Off Campus PE request.

## Q Who changes the student's schedule to reflect Off Campus PE?

A After the application is approved by Teaching and Learning, the counselor at the student's home campus will change his/her schedule, in the event they can create a schedule to accommodate the request, to reflect off campus PE.

## Q Can a student be enrolled in more than one facility with more than one instructor?

A No, only one instructor is responsible for the grade, attendance, and should be giving workout information to the fitness coach. Again, one coach is directly responsible for that student to make sure they are complying with the number of hours and attendance required in the Off-Campus Physical Education program.

#### Q Will this count towards GPA?

A YES – as a high school student only. This is considered a PE credit and will count towards GPA.