

Richardson ISD School Health Advisory Council

Oct 19, 2021 Minutes

I. Call to Order

Kellie Sellers, Director of Health and PE and staff co-chair, called the regular meeting of the Richardson ISD School Health Advisory Council (SHAC) to order at 11:47 AM on October 19, 2021. This meeting was held at the Richardson Operation Center.

II. Attendance and Introductions

- K Sellers – District Co-Chair SHAC
- K Burnell – District Co-Chair / RISD Parent
- A Gustof – Child Nutrition
- A Jones – Health Services & parent
- S Martin – Richardson ISD Counseling Services
 - L Blatzheim Elem counseling services
 - N Howell – Sec counseling services & parent
- S Tsatsoulas – Student Services
- R McGowen– Parent
- B Martin- Parent / Community Business
- S Boyles - Parent
- A Case – Parent
- J Reist – Parent / Community Business
- J Cozzolino – Parent
- K Gray - Parent

III. Selection of SHAC Parent Co-Chair

Karen Burnell volunteered to serve as SHAC co-chair and was elected by unanimous vote. She will continue to serve as SHAC co-chair.

IV. Overview of Council presented by K Burnell and K Sellers

1. The *Mission* of the Richardson ISD SHAC is to build a healthy school community through a whole child model (WSCC) approach that ensures all children will graduate with the knowledge and skills to maintain a healthy lifestyle.
2. The *Vision* of the Richardson ISD SHAC is to provide students with knowledge and skills that will enable them to adopt and maintain healthy attitudes and behaviors throughout their lives.
3. The priorities for the 2021-2022 school year:
 - Support & Communicate Health and wellness for the district
 - Begin a Physical Activity “Subcommittee” to discuss PA in our schools
 - Vaping – keep this in the forefront of our concerns
 - Student stability, health and wellness
 - Partner in the health & pe textbook adoption process
4. SHAC meeting requirements as stated in House Bill 1525 and health textbook adoption requirements and timeline review.

V. Textbook Adoption Process

- a. New Health & PE TEKS for 2022 – 2023 school year
- b. Instructional Materials committee will report to SHAC with updates

SHAC & RISD will hold one public meeting in which parents and community members can view and learn more about the textbooks that are being considered for adoption. The first public meeting will be TBA

VI. Announcements

- K Sellers – Health & PE update
 - Website being updated with human growth and development videos
 - HB 1525
 - New “OPT IN” law
 - Recording of SHAC meetings
 - 21 Day challenge going okay
 - Not as much interests
 - Lots of steps in order to complete the challenge
 - Oct 6th Walk to School Day – a success
 - - Could we look to add to this? Another date, a week long event
- A Jones – Health Services update
 - COVID update
 - Even though some numbers are down, many students having a harder time with MIS-C multisymptomatic inflammatory system
- S Tsatsoulas – Student Services
 - Live Wise, Live Health monthly events
 - Red Ribbon Week is coming up
 - Intervention Counselors – really having to step up
 - Counselors do “quick / minute” check ins
 - Just check in with their students and make sure they are okay
- A Gustoff - Child Nutrition Department
 - Monthly events
 - will host various promotions centered around dietary and nutrition
- K Burnell – Texas PTA update / PTA updates
 - PTA has new activities, lessons, and events scheduled
 - Please talk with your PTAs about the healthy lifestyle chair
 - Some “homework” for our members. Please review what SHAC is about
 - We need members to volunteer for the SHAC Physical Activity subcommittee

VII. Adjournment

The meeting was adjourned by Kellie Sellers.

The next SHAC meeting will be held on December 8, 2021.