

Richardson ISD School Health Advisory Council

Dec 8, 2021 Minutes

I. Call to Order

Kellie Sellers, Director of Health and PE and staff co-chair, called the regular meeting of the Richardson ISD School Health Advisory Council (SHAC) to order at 11:38 AM on Dec 8, 2021. This meeting was held at the Richardson PDC - Library.

Karen Burnell Co-Chair went over norms and we had an introduction of all members present.

Attendance and Introductions

- K Burnell – District Co-Chair / RISD Parent
- K Sellers – District Co-Chair SHAC
 - E Davis – Health teacher
 - C Fuller – PE teacher
- A Gustof – Child Nutrition
- K Clark– Health Services & parent
- S Martin – Richardson ISD Counseling Services
 - L Blatzheim Elem counseling services
 - N Howell – Sec counseling services & parent
 - A Pippins – JH counselor
 - M Karnowski – HS counselor
- S Tsatsoulas – Student Services
- A Baker – Parent
- S Boyuls – Parent
- J Cozzolino – Parent
- K Gray - Parent
- V Legatowicz
- R McGowen– Parent
- A Phipps – Parent
- R Potter - Parent
- J Reist – Parent / Community Business
- S Tyroch – Parent
- W Williams – Parent
- A Woods – Parent
- J Marshall – Parent / Community Business
- J Cozzolino – Parent

II. Old Business

Kellie Sellers asked that members present to look over the minutes that were handed out with the Agenda before the meeting began. If you did not have time to look on our website for the last meeting minutes we have provided you with a “hard copy” for you to review. Christine Fuller motioned that the minutes be approved and Erica Davis seconded that motion. The minutes were approved with all “I’s” and no “No’s” .

III. New Business presented by K Burnell and K Sellers

1. Bylaws are needing to be updated. SHAC would like to review the old bylaws from 2017 K Burnell went over the old bylaws. We will send these out to the members to review and make suggestions. The suggestions will be reviewed at the next meeting in Feb. SHAC will approve new bylaws by the end of the year so they are ready to implement for the next school year.
2. Senate Bill 9 has been approved from the Second Special session. Summer Martin – Director of Counselors informed SHAC of the details of this new bill. This is relating to public school instruction and materials regarding the prevention of child abuse, family violence, dating violence, and sex trafficking and the adoption of public school policies to prevent dating violence. It also states that SHAC can review curriculum and parents must be made aware of the curriculum. It also states that this curriculum will be part of the parent “OPT IN” process.
 - S Martin talked about that they are looking at K-12 lessons to be research based and will be age appropriate. They want students to be aware of the ACT acronym. That students at any age will be able to Acknowledge, Care, and Tell.
 - Members asked if this was part of the SEL lessons and the answer is NO.
 - Members asked when this will take place and the answer is next school year.

IV. Report of Departments

- K Sellers – Health & PE update
 - Update on HB 1525 – which is already in effect for the “OPT IN” for parents on Human Growth and Development lessons. So far Health classes for 7-12 grade are the only ones that this will affect this semester. Only a few schools have done this so far for their Health class and only 27 students did not “OPT IN” for various reasons. Will update on the exact numbers at next meeting.
 - Members asked who this was for and the answer is for Human Growth and Development lessons for Health 1 students only. The 5th and 6th grade lessons will be in the spring.
 - New Health and PE TEKs will be implemented in 21-22. To help implement new curriculum must be approved through the IMA (Instructional materials committee). This process is first done with Health and PE teachers. This committee will also have 4 parents from SHAC that will report back to SHAC and update the SHAC committee of the processes.
 - IMA committee is done for every subject in RISD. The only exception is that Health must go through SHAC.
- K Clark – Health Services update
 - COVID update
 - Watching data for new variant.
 - RISD has offered several clinics to help with vaccinations
- S Tsatsoulas – Student Services
 - Live Wise, Live Health monthly events
 - Please make sure you are looking on the RISD website for upcoming events
 - Red Ribbon Week went well
- A Gustoff - Child Nutrition Department

- Monthly events
- will host various promotions centered around dietary and nutrition
- We are having several menu disruptions due to supply issues – so your nutrition committee is really having to adjust menus.
- Department is short some staff but schools are doing a wonderful job at managing and changing with such short notice.
- Every one is getting fed – just may have to adjust what they are eating. Instead of the usually round pizza – it may be the square pizza with veggies. And instead of a plate they may have to eat out of a bowl.
- Please visit the RISD website for child nutrition video update.
 - Member suggested to ask students to bring a lunch and Director noted that we are feeding all students what they need it just may not be the orange they wanted and instead it is apples.
- K Burnell – Texas PTA update / PTA updates
 - Please talk with your PTAs about the healthy lifestyle chair
 - Thank you for those who volunteered to be a part of the Physical Activity subcommittee and look for more information coming from K Burnell.

V. Announcements, Information and Updates

- Dawn Cleaves - Garden Coordinator for RISD
 - Informed the SHAC committee of who and what her position does
 - This position works with Title 1 schools to help with teaching and learning for both the teacher and students
 - It is a wonderful opportunity for students to get outside and learn
 - This will work great for PTAs

VI. Adjournment

The meeting was adjourned by Kellie Sellers.

The next SHAC meeting will be held on Feb 23, 2022.