

Richardson ISD School Health Advisory Council

November 29, 2022 Minutes

I. Call to Order

Karen Burnell, Parent co-chair, called the regular meeting of the Richardson ISD School Health Advisory Council (SHAC) to order at 11:36 AM on November 29, 2022. This meeting was held at the Richardson PDC - Auditorium.

K Sellers went over norms and we had an introduction of all members present.

Attendance and Introductions

- K Sellers – District Co-Chair SHAC
 - C Fuller – PE teacher
- K Burnell – Parent Co-Chair SHAC
- A Gustof – Child Nutrition
- S Tsatsoulas – Student Services
- A Jones – Nursing
- S Martin – Richardson ISD Counseling Services
 - L Blatzheim Elem counseling services
 - N Howell – Sec counseling services & parent
 - A Pippens – JH counselor
- A Baker – Parent
- E Blackman - Community
- J Cozzolino – Parent
- K Gray - Parent
- E Grishman – Parent
- S Kaushik – Parent
- J Keeler – Parent
- J Marshall - Parent
- J Martini - Parent
- C Uphues - Parent
- A Phipps - Parent
- K Phipps - Parent
- B Taylor – Parent
- M Tracy – Parent
- S Tyroch – Parent

II. Old Business

- K Burnell asked that members present to look over the minutes that were handed out with the Agenda before the meeting began. If you did not have time to look on our website for the last meeting minutes we have provided you with a “hard copy” for you to review. S Kaushik motioned that the minutes be approved and N Howell seconded that motion. The minutes were approved with all “I’s” and no “No’s”.

III. New Business

- Senate Bill 9 & HB 1525 Health 1 curriculum will need to be voted on today. We

offered 4 more public viewings and had a total of 6 parents and community members arrive. They provided very positive feedback. A few concerns they had was the “open” discussions on the particular STD topics and the video regarding teen pregnancy would be “devastating”. All concerns were sent to Choosing the Best and will continued to be discussed. has been approved from the Second Special session from the State of Texas. Summer Martin – Director of Counselors informed SHAC of the details of this new bill. This is relating to public school instruction and materials regarding the prevention of child abuse, family violence, dating violence, and sex trafficking and the adoption of public-school policies to prevent dating violence.

- S Martin discussed that we have more time before the lessons must be taught due
- She asked if there were any questions regarding the lessons that were sent out in an email for SHAC to review.
- SHAC has the majority of parents here to vote. A motion was put in place to sees comments and move to vote on Health 1 curriculum. All Yes – with one parent to abstain.
- Motion to vote on SB 9. All Yes – with on parent to abstain. She had missed the last meeting and wants to make sure that she is educated enough to make a vote. She will meet with K Sellers.
- Part of new business K Sellers is to NOW start the steps for 5th and 6th grade Human Growth and Development videos. We have limited choices that meet the new Texas TEKS so the Health curriculum team decided to stay with Proctor and Gamble at this time. This is also an OPT IN lesson and will always offer parent preview before the student will view. With these videos no parent login is needed they are open for anyone to view.
- K Burnell discussed what is a subcommittee and their responsibilities. She asked SHAC members to sign up so that we can discuss important topics that may not be discussed at every SHAC meeting. They will meet opposite months from SHAC. Looking to add 1st meeting in early January to kick those off.

IV. Report of Departments

- K Sellers – Health & PE update
 - New 5th 7 6th grade human growth and development
 - RISD District Go RED will start December 5th
 - TAHPERD is our PE/Health state conference and we have 11 teachers presenting.
- Health Services update
 - Completing state required screenings
 - Watching flu and stomach virus
- S Martin – Student Services - Counselors
 - Please make sure you are looking on the RISD website for upcoming events
 - Intervention counselors meeting with Secondary teachers and counselors
 - Responding to Pearce HS student death
- S Tsatsoulous – Student Services / Live Wise Live Healthy
 - December is Mental health

- Jan/Feb is Healthy Relationships
- Looking to be more proactive on drug and alcohol prevention to target vaping
- A Gustoff - Child Nutrition Department
 - Monthly events
 - Thanksgiving meals were served but with no Turkey due to the Avion Flu
 - Start menu and vendor plans for 2023-2024 school year
- K Burnell – Texas PTA update / PTA updates –
 - Make sure you are making parent connections
 - Reviewed Healthy lifestyle month

K Burnell discussed since we have EXTRA TIME” let’s talk about the positive things we are seeing around campuses.

- Hypotonic gardens
- Turkey trots at most schools
- Family fitness nights
- Girls on the Run event

V. Announcements, Information and Updates

K Burnell wants to make sure we have topics covered at our subcommittee’s.

VI. Adjournment

The meeting was adjourned by Karen Burnell at 12:36

The next SHAC meeting will be a zoom to discuss the previews of 5th & 6th grade videos and next meeting will be Jan 17 in the Auditorium.