

Richardson ISD School Health Advisory Council

March 21, 2023 Minutes

I. Call to Order

Karen Burnell, Parent co-chair, called the regular meeting of the Richardson ISD School Health Advisory Council (SHAC) to order at 11:32 AM on March 21, 2023. This meeting was held at the Richardson PDC - Auditorium.

K Sellers went over norms and we had an introduction of all members present.

Attendance and Introductions

- K Sellers – District Co-Chair SHAC
 - C Fuller – PE teacher
- K Burnell – Parent Co-Chair SHAC
- A Gustof – Child Nutrition
- A Jones – Nursing
- L Blatzheim Elem counseling services
- A Baker – Parent
- E Blackman – Community
- S Boyuls - Parent
- J Cozzolino – Parent
- K Gray - Parent
- E Grishman – Parent
- J Keeler – Parent
- J Martini - Parent
- A Phipps - Parent
- K Phipps - Parent
- B Taylor – Parent
- S Tyroch – Parent

II. Old Business

- K Burnell asked that members present to look over the minutes that were provided with the Agenda before the meeting began. If you did not have time to look on our website for the last meeting minutes we have provided you with a “hard copy” for you to review. B Taylor motioned that the minutes be approved and S Boyles seconded that motion. The minutes were approved with all “I’s” and no “No’s”. K Sellers reprinted today’s agenda to have attached to the minutes as well.

III. New Business

- Guest Speaker – Donna Schmidt from BE SMART. This is a resource for parents to bring support for gun safety. The program is already sponsored by the National PTA. Be SMART is an acronym for Secure, Model, Ask, Recognize, and Tell others about locking and putting away your gun in a safe and secure place. Resources are free and available for adults in English and Spanish. More information can be found at besmartforkids.org
- K Burnell went over the Wellness Policy. It is our triennial update. Reminded that there is a policy and there is a plan. Subcommittee met to look over plan and improve some next steps. SHAC would like to look at providing a “survey” / how

can we better support you survey. Make sure it is not a “gotcha” survey but a better way we can support you.

IV. Report of Departments

- K Burnell – Subcommittee Chair for Health & PE
 - Discussed their FEB meeting at looking at Wellness policy and plan. Looking at a school surveys to review and use (Texas for Action for Healthy Kids AFHK survey example). And will begin looking at the Wellness policy and plan

- K Sellers – Health & PE update
 - RISD District Go RED completed
 - 21 Day Challenge is complete as well as the Kids Heart Challenge
 - K Sellers will bring final data to SHAC as it is available
 - HS Partner’s PE are doing field trips
 - RISD Brightstar Games – sponsored by Unified Champions. May 17th.
 - TAHPERD – 100th annual convention is Dec 2023 – 10 – 15 PE teachers to present

- A Jones Health Services update
 - New charting system for students and online for parents
 - 50 students received new glasses FOR FREE! This is all done during the school day.

- L Blatzheim – Student Services - Counselors and a new department Prevention Programming will be one big department
 - Please make sure you are looking on the RISD website for upcoming events
 - April 1 Child Abuse Prevention Month
 - April 18th Parent information on Fentanyl
 - Opt In lessons bringing up lots of parent questions.

- A Gustoff - Child Nutrition Department
 - Monthly events
 - Time to think about Summer feeding
 - Working on logistics for school safety and how to allow community members in/out of our buildings safely
 - Child Nutrition will provide 2 meals a day.
 - “Food for Kids” for elementary and “Be a Champion” for Secondary

- K Burnell – Texas PTA update / PTA updates –
 - RISD Council of PTAs looking to help with car seats, not just new community parents but students as well.
 - Rally Day – went well, met with several representatives
 - Texas PTA – website for ADVOCACY – email your reps
 - Harlem Wizards coming April 1 and is a big fundraiser for RISD PTA

K Burnell discussed since we have EXTRA TIME” let’s talk about the positive things we are seeing around campuses.

- Hands only CPR at Moss Haven with C Fuller PE teacher and students

V. Announcements, Information and Updates

K Burnell wants to make sure we have topics covered at our subcommittee’s.

VI. Adjournment

The next SHAC meeting will be May 9, 2023

The meeting was adjourned by Karen Burnell at 12:58