

Richardson ISD School Health Advisory Council

May 9, 2023 Minutes

I. Call to Order

Kellie Sellers, Parent co-chair, called the regular meeting of the Richardson ISD School Health Advisory Council (SHAC) to order at 11:38 AM on May 9, 2023. This meeting was held at the Richardson PDC - Auditorium.

K Sellers went over norms and we had an introduction of all members present.

Attendance and Introductions

- K Sellers – District Co-Chair SHAC
- A Gustof – Child Nutrition
- A Jones – Director of Health Services
- S Martin – Director of Counselors
- L Blatzheim Elem counseling services
- N Conklin – Sec counseling services
- A Baker – Parent
- E Blackman – Community
- K Gray - Parent
- E Grishman – Parent
- S Kaushik - Parent
- J Keeler – Parent
- T Martini – Parent
- C Passley - Parent
- A Phipps - Parent
- K Phipps - Parent
- B Taylor – Parent
- S Tyroch – Parent

II. Old Business

- K Sellers asked that members present to look over the minutes that were provided with the Agenda before the meeting began. If you did not have time to look on our website for the last meeting minutes we have provided you with a “hard copy” for you to review. A Baker motioned that the minutes be approved and K Gray seconded that motion. The minutes were approved with all “I’s” and no “No’s”.

III. New Business

- K Sellers went over the Wellness Policy. It is our triennial update. Reminded that there is a policy and there is a plan. Subcommittee met to look over plan and improve some next steps. SHAC would like to look at providing a “survey” / how can we better support you survey. Make sure it is not a “gotcha” survey but a better way we can support you. Subcommittee recommended changes and voted electronically. This vote entails 5 employees and 15 parent members. Everyone voted YES.
- S Martin discussed changing our SEL lessons to the appropriate name. This is the name and title that is under TEC. (Texas Education Code) These lessons will be known as “Character Education”. It goes along with TEC code 29.906. Martin provided a link for the changes to the lessons and the knew title for each lesson. Martin also shared what curriculum will be used for these lessons. The

counselors reviewed the curriculum changes and are bringing the changes to SHAC so that they are aware of the new curriculum.

IV. Report of Departments

- K Burnell (KSellers reported this time) – Subcommittee Chair for Health & PE
 - Discussed their FEB meeting at looking at Wellness policy and plan. Looking And will begin looking at the Wellness policy and plan
- K Sellers – Health & PE update
 - RISD District Go RED completed
 - 21 Day Challenge is complete – we received \$5,000 for PE equipment and teachers to go to conference.
 - Kids Heart Challenge – donated \$321,000 to American Heart and gained back \$28,000 for PE equipment
 - RISD Brightstar Games – sponsored by Unified Champions. May 17th.
- A Jones Health Services update
 - New charting system for students and online for parents
 - 37 students at Spring Creek this time - received new glasses FOR FREE! This is all done during the school day.
- S Martin – Student Services - Counselors and a new department Prevention Programming will be one big department
 - Please make sure you are looking on the RISD website for upcoming events
 - Counselors very busy with seniors and graduation.
 - Fentanyl speaking events around the district, be sure to watch on the website for dates
- A Gustoff - Child Nutrition Department
 - Monthly events
 - Time to think about Summer feeding
 - Working on logistics for school safety and how to allow community members in/out of our buildings safely
- K Burnell – Texas PTA update / PTA updates –
 - RISD Council of PTAs to look for more ways to support schools

V. Announcements, Information and Updates

Thank you so much for your time and work this year.

VI. Adjournment

The meeting was adjourned at 12:59pm. The next SHAC meeting will begin in the next school year 23 – 24.