

Richardson ISD School Health Advisory Council

Sept 28, 2023 Minutes

I. Call to Order

Kellie Sellers, Parent co-chair, called the regular meeting of the Richardson ISD School Health Advisory Council (SHAC) to order at 11:39 AM on Sept 28, 2023. This meeting was held at the Richardson PDC - Auditorium.

K Sellers went over norms and we had an introduction of all members present.

Attendance and Introductions

- K Sellers – District Co-Chair SHAC
- A Gustof – Child Nutrition
- A Jones – Director of Health Services
- L Blatzheim Elem counseling services
- C Fuller – PE Teacher
- K Burnell – Parent Co-Chair
- K Gray - Parent
- E Grishman – Parent
- J Keeler – Parent
- T Martini – Parent
- C Passley - Parent
- K Phipps - Parent
- B Taylor – Parent
- S Tyroch – Parent

II. Old Business

- K Burnell asked that members present to look over the minutes that were provided with the Agenda before the meeting began. If you did not have time to look on our website for the last meeting minutes we have provided you with a “hard copy” for you to review. T Martini motioned that the minutes be approved and B Taylor seconded that motion. The minutes were approved with all “I’s” and no “No’s”.
- K Sellers went over Principals summer activity to review the “Wellness Policy” and Wellness Policy Action Plan
- K Burnell announced/reminded that our new Co-Chair Elect is Sarah Kaushik will begin her role this year as elect.
- Revisit the “Be Smart” program. This is a suicide prevention program as well as a safety for guns program. SAGE PTA is initiating the Be Smart program as well. Let’s look at what other districts are doing and how they are incorporating it.

III. New Business

- K Burnell talked about SHAC goals for this upcoming school year. We will send out a form to have everyone’s input at what they would like to see as our main goals for this year. We will be ready for these in the November meeting.
- K Burnell also discussed the SHAC subcommittees that will meet (by zoom) on opposite months that SHAC does not have a face-to-face meeting

IV. Report of Departments

- K Burnell (KSellers reported this time) – Subcommittee Chair for Health & PE
 - Discussed their FEB meeting at looking at Wellness policy and plan. Looking And will begin looking at the Wellness policy and plan

- K Sellers – Health & PE update
 - October 4 is Walk, Bike and Roll Day
 - 21 Day Challenge is underway in partnership with Medical City Children’s Hospital
 - RISD Rides is underway
 - TAHPERD coming up and it is our 100th Anniversary. We have 10 RISD teachers that are presenting at this conference.

- A Jones Health Services update
 - Vision and hearing screening have started
 - New charting system for students and online for parents
 - 32 days of school are done and we have had more than 20,000 office visits
 - This new online services is amazing and just starting to learn what all of the data that it can provide
 - Stop the Bleed trainings for all staff are complete
 - Cold, RSV and Covid communications going out in October

- S Martin (L Blatzheim provided information) – Student Services - Counselors and a new department Prevention Programming will be one big department
 - Please make sure you are looking on the RISD website for upcoming events and are aware of our Live Wise-Live Health events and monthly happenings
 - Opt In enrollment online – and had 3,000 parents OPT OUT.
 - New state law bout being caught with nicotine on campus is an automatic 6 weeks at our alternative school.
 - “I know what to do” Days are happening – and counselors are revising the focus to be more on the WHY.
 - We have smoking/vaping sensors in the bathrooms – they need to be in locker rooms

- A Gustoff - Child Nutrition Department
 - Monthly events - National School lunch week is in November
 - New online program for students and their lunch accounts – students can use their ID or pin number
 - Ice cream at lunch – it is a campus decision. Reminder that the ice cream MUST follow TDA nutrition guidelines so it is not like regular ice cream.
 - HB 3991 – first Friday in April is Veggie/Fruit Day in public schools

- K Burnell – Texas PTA update / PTA updates –
 - RISD Council of PTAs hosted a “Walk n Talk” meeting
 - Texas PTA is launching a program about veggies – with a pilot program starting now

V. Announcements, Information and Updates

Looking forward to a great year – please be on the lookout for our goals link and subcommittee link. All meetings will be at the PDC – C101.

VI. Adjournment

The meeting was adjourned at 12:50pm. The next SHAC meeting will be on November 28, 2023.