

# Richardson ISD School Health Advisory Council

## April 17, 2024 Minutes

### I. Call to Order

Kellie Sellers, Co-chair, called the regular meeting of the Richardson ISD School Health Advisory Council (SHAC) to order at 11:41 AM on April 17, 2024. This meeting was held at the Richardson PDC -Building C room 101. Lunch was provided by Health and PE department.

#### Attendance and Introductions

- K Sellers – District Co-Chair SHAC
- A Gustof – Child Nutrition
- K Clark – Coordinator of Health Services
- C Fuller – PE Teacher
- K Burnell – Parent Co-Chair
- E Blackman – community member
- K Gray - Parent
- S Kaushik - Parent
- T Martini – Parent
- C Passley – Parent
- A Phipps - Parent

### II. Old Business

- K Burnell asked that members present to look over the minutes that were provided with the Agenda before the meeting began. If you did not have time to look on our website for the last meeting minutes, we have provided you with a “hard copy” for you to review. K Clark motioned that the minutes be approved and S Kaushik seconded that motion. The minutes were approved with all “I’s” and no “No’s”.
- K Burnell discussed SHAC goals and what we want to focus on this year.
- K Burnell promoted us as a SHAC to recruit more members.
- K Burnell also discussed the SHAC subcommittees that met via zoom/webex. C Passley will update us on this later in subcommittee updates.

### III. New Business

- C Passley discussed the subcommittee report.
  - Recommendations:
    - Focus on the “whole child model” and work with Live Wise, Live Healthy
    - Staff Wellness
    - Students involved
    - Wellness plan – send out a survey to school administration
    - For next year - look at behavior, recess times, campuses involved in one program that promotes physical activity, look at Take 9, campus schedules
- K Burnell to update SHAC Bylaws
  - Vote to add verbiage regarding students. “Students are allowed to attend following district guidelines
  - Suggestions to hold meetings at Methodist Hospital where our CTE program is held. Reminder that there is a 51% rule of parent members so we must be aware of student members and they are voting members.
  - A question was sent to propose a new “welcome” vide more kid friendly

- Motion to update the bylaws, A Gustof, and second by C Fuller. All I's and no No's so the new Bylaws are set.
- K Sellers gave everyone an opportunity to review the survey that is going out to all campus administration.
- Plans to send this out will be tentatively for May 6th with a due date of May 24th.

#### IV. Report of Departments

- K Sellers – Health & PE update
  - Board report goes out May 2nd
  - We need to look at an application/flyer for We have mandatory CPR for all students per the state of Texas now looking at adding in AEDs but not into a law at this time but we are putting AED trainers into our secondary schools.
    - SHAC member mentioned we need handle summer school and online students as well.
- A Jones/K Clark Health Services update
  - Heart Month is the focus with each campus and their Emergency Response Drills
  - Looking at applications for the School Nurse of the Year
- S Tsatsoulas– Student Services - Counselors and a new department Prevention Programming will be one big department
  - Please make sure you are looking on the RISD website for upcoming events and are aware of our Live Wise-Live Health events and monthly happenings
  - LWLH meeting on April 25th - TBA
  - Students are participating in the Texas School Survey of Alcohol and Drug Abuse
    - Alcohol is the #1 used substance among our students but the least number of occurrences happen on campuses
    - Asking for a campus snapshot as well as the district snapshot to look at data more specifically
    - A member asked to see that data
    - Peer Leadership Summit occurring in the next week
- A Gustoff - Child Nutrition Department
  - Monthly events -SCHOOL LUNCH HERO program starts May 3
    - There is a book set
    - There is a lot of fun supplemental aids to along with this
    - Summer school feeding will start May 28th

- C Passley – Subcommittee Report
  - Provided final report with New Business
  
- K Burnell – Texas PTA update / PTA updates –
  - Car seat project – needs identified by counselors. PTA fundraiser go towards programs like this. Have about 40 to 50 car seats that were made available
  - Getting more PTAs to have a Healthy Lifestyle Chair

## **V. Announcements, Information and Updates**

Looking forward to hearing the wonderful things that are happening at your schools.

## **VI. Adjournment**

The meeting was adjourned at 12:40pm. The next SHAC meeting will be NEXT YEAR.