Richardson ISD
School Health Advisory Council - October 21, 2026

Professional Development Center – C101A
701 West Belt Line Rd.
Richardson, TX 75080
11:30 – 1:00

I. **Call to Order**
   a. Welcome SHAC members
   b. Introduction of SHAC

II. **Old Business**
   a. Approve previous minutes

III. **New Business**
   a. Review of 25-26 Accomplishments and 26-27 Goals

IV. **Report of Departments**
   a. Director of Health and PE
      i. Teacher of the Year
      ii. Take 9
      iii. Health Curriculum Updates
      iv. 21 Day Snacking Challenge
      v. PE Professional Development
   b. Director of Health Services
      i. Overview of Health Services
      ii. Vision to Learn
   c. Student Services / Director of Counselors
      i. Live Wise, Live Healthy
      ii. Mentoring Updates
   d. Child Nutrition
      i. National School Lunch Week
      ii. Program Updates
      iii. Menu Advisory Committee
   e. PTA News and update
      i. Car Seat Program
      ii. Walks with Lifestyle Chairs
   f. Subcommittee report

V. Announcements, Information and Updates
   a. Celebrations
   b. Future Meetings – 12/1, 1/27, 3/10, 4/21
   c. Wellness Plan Review

VI. Adjournment