Richardson ISD
School Health Advisory Council
December 1, 2026

Professional Development Center – C101A
701 West Belt Line Road
Richardson, TX 75080
11:30 – 1:00

I. **Call to Order**
   a. Welcome SHAC members
II. **Old Business**
   a. Approve previous minutes
III. **New Business**
   a. Speaker Jenny Eyer – Esperanza Community Market Opening
   b. Speaker Kim Whalen – Grow Garden Grow
   c. Wellness Plan Review
IV. **Report of Departments**
   a. Director of Health and PE
      i. 21 Day Snacking Challenge Report
      ii. Choosing the Best
      iii. PE Professional Development
      iv. Bright Stars
   b. Director of Health Services
      i. Overview of Health Services
   c. Student Services / Director of Counselors
      i. Live Wise, Live Healthy
   d. Child Nutrition
      i. Menu Advisory Committee
      ii. Proposed Meal Prices
   e. PTA News and update
      i. Healthy Lifestyles Month
      ii. Car Seat Program
   f. Subcommittee report
      i. Report of Subcommittees
      ii. New Health Services Subcommittee
V. Announcements, Information and Updates

a. Celebrations
b. Future Meetings –1/27, 3/10, 4/21

VI. Adjournment