



SEPTEMBER FOCUS

Together for Mental Health

Suicide Prevention and Awareness is a national focus, and RISD is dedicated to providing valuable information about risk factors, warning signs, and available support resources.

Resources

[Grant Halliburton Foundation](#)

[Suicide Prevention Fact Sheet](#)

[Making a Feel Good Plan](#)

[Navigating a Mental Health Crisis](#)

[Staff Supports for Work/Life Balance](#)

[Calming Strategies](#)

District Recognitions & Events

World Suicide Prevention Week
Sept. 10-16, 2023

Suicide and Prevention Awareness Workshop

Brought to you by The Defensive Line
Sponsored by Faith Fight Finish Foundation
Sept. 20 from 6:30-7:30 p.m.
Berker High School Auditorium
1600 E. Spring Valley Rd
[**Register Here**](#)

Students

The Suicide and Crisis Hotline phone and text number is on the back of student ID cards for students in grades 6-12.

Students will learn about the Crime Stoppers P3 App and other best practices for reporting concerns.

Campus counselors will focus on student wellness during Minute Meetings with each of their students. Counselors will also share with staff, students, and parents information about their role supporting student mental health and connecting families with resources.

Students will receive guidance lessons on suicide prevention and how to recognize when they or their friends need help while learning the phrase “Time to A.C.T.” (Acknowledge, Care, and Tell).

Junior high and high school students will receive **information about supporting their mental health.**

Staff

Campus staff receive required district training in non-discrimination, harassment, freedom from bullying, suicide prevention, reporting child abuse or neglect, and Region 10 Compliance training.

All campus staff received additional required district training on suicide prevention and the district suicide protocol during back-to-school professional learning days.

Staff will receive information about employee assistance programs and supporting their own mental health through **work/life balance.**

Staff are invited to a Suicide and Prevention Awareness Workshop brought to you by The Defensive Line and sponsored by Faith Fight Finish Foundation on Sept. 20 from 6:30 - 7:30 p.m. in the Berkner High School Auditorium ([**staff register here**](#)).

Staff will receive After Hours Emergency cards with information about what to do in situations with students that may occur outside of normal school hours.

Community

The district encourages families with students in grades 6-12 to visit the **SOS Parent Portal** to learn more about suicide prevention efforts and receive tools for supporting your child’s mental health. If you have questions, please contact the school counselor. *The screening tool available for parents through Parent Portal is a student screener tool. RISD does not use the Brief Screener for Adolescent Depression in our schools.*

Parents will receive **information** and **activities** for supporting the mental health of their children and families.

Families are invited to a Suicide and Prevention Awareness Workshop brought to you by The Defensive Line and sponsored by Faith Fight Finish Foundation on Sept. 20 from 6:30 - 7:30 p.m. in the Berkner High School Auditorium ([**register here**](#)).



#liveWiseliveHealthy

www.RISD.org/LiveWise

The Live Wise Live Healthy initiative provides community-wide training, programming, and opportunities designed to empower young people to make healthy and wise decisions through meaningful learning and life-changing experiences.