



JANUARY/FEBRUARY FOCUS

Healthy Relationships

Relationship care is an essential part of daily life. RISD values healthy relationships and the positive outcomes healthy relationships produce for all. January and February will concentrate on helping students, staff and community understand the value of healthy relationships.

Resources

[I Love You Guys Foundation](#) 

[Texas School Safety Center](#) 

[Pacer National Bullying Prevention Center Parents Guide](#) 

Students

Students will participate in Kindness Week activities. Elementary counselors will send out campus-specific information about Kindness Week on their campus.

All students will receive reminders about what to do if they think that they are being bullied, and how to report this to their teachers, counselors, or other trusted adults at school and at home.

Elementary students will review counselor-led lessons about friendship, kindness and empathy, and peer-pressure refusal skills (5th/6th).

Secondary students will participate in bullying prevention lessons during their advisory period.

Staff

All staff will participate in Standard Response Protocol training. "I Know What To Do" days are scheduled all throughout the school year to build confidence and knowledge of keeping everyone safe in the event of an emergency. The SRP is a simple process to train and drill students.

Staff will also receive reminders about what to do if they suspect bullying, and how to report it to the administration.

Community

Parents of RISD students will receive a district communication about the Texas School Safety Center Dating Violence Prevention toolkit, as well as a Bullying Prevention toolkit with information and tools to help their children with bullying situations.



#liveWiseliveHealthy

www.RISD.org/LiveWise

The Live Wise Live Healthy initiative provides community-wide training, programming, and opportunities designed to empower young people to make healthy and wise decisions through meaningful learning and life-changing experiences.